

Coach Pitch Baseball Rules 2026

General:

- It is highly recommended that all players wear an athletic supporter: jock strap and cup. Coaches are not required to check to ensure a player is wearing one. This is a recommendation, not a rule.
- There are no wins or losses. Scores are not kept. Coach Pitch baseball is instructional baseball.
- Coaches may be on the field to help position, organize and instruct the players.
- Good sportsmanship, respect, and kindness should be promoted by all coaches, parents, and players always.
- Coaches and players are responsible for leaving the field the way they found it. Please pick up after your team before leaving.
- There will be no Kid Pitch. It will be Coach Pitch all season. *Bats must be USA Baseball Certified.

THERE IS A 1:00 HOUR TIME LIMIT FOR ALL GAMES

Defense:

- Only 5 players allowed in the infield: 1st base, 2nd base, Shortstop, 3rd base, and pitcher.
- The rest of the team may play in the outfield if they are at least 30 feet off the edge of the dirt. Players are to be rotated in the field and kids should not play more than 2 innings per game in the outfield.
- Any player occupying the position of Pitcher must wear a batting helmet. Player needs to be stationed on the mound behind the coach who is pitching.
- Encourage the players to make the throws to the bases even if the runner is already safe.

Offense:

- Continuous batting order. Everyone bats. No substitutions.
- No bunting, stealing, or leading off.
- Players will get 5-8 pitches to get a hit in order to keep the game moving. If the player does not get a hit, please move to the next player.

Baserunning:

- Players are only permitted to advance a max of 2 bases from the base they occupied at the time of the hit. This includes the batter and the runner.
- Players can only advance for the second base if the batted ball is in the outfield grass at the time of advance. This includes ANY batted ball that reaches the outfield grass.
- The ball does not have to be in control of a player, just has to be located in the infield for all advancing to stop.
- If the ball enters the infield while a runner is in motion, they are permitted to continue to the next base but cannot advance further.
- Runners are not permitted to advance on any overthrow.